

| Project | Outcomes | Target groups | How commissioned |
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| <p>Baby Buddy mobile phone app. Free app with personalised content approved by doctors and midwives.</p> | <p>Maternal mental health Access to services</p> | <p>Universal All parents and parents-to-be from pregnancy to six months after birth.</p> | <p>Best Beginnings (national charity who developed the app.) Service Level Agreement August 2014 renewed annually.</p> |
| <p>Personalised midwifery care pilot. Ensuring women see the same midwife, with longer appointments, and enhanced support and information.</p> | <p>Continuity of care Maternal mental health</p> | <p>Limited to 400 women due to the capacity of the pilot.</p> | <p>BTHFT Service Level Agreement August 2015 for 3 years.</p> |
| <p>Perinatal Support Service. Providing emotional support to families under pressure during pregnancy and the first year after birth.</p> | <p>Maternal mental health</p> | <p>Targeted Pregnant women who have, or are at risk of developing, mild to moderate mental health problems and their partners/family members.</p> | <p>Family Action Service Level Agreement 1st April 2015 3 year renewable following review.</p> |
| <p>Talking Together. Supporting two-year-olds in communication and language development through home visits to encourage play and conversation.</p> | <p>Children's language and communication School readiness</p> | <p>Universal assessment Targeted intervention Every 2 year old receives an assessment. Those at risk of language delay receive the home visiting programme.</p> | <p>BHT Early Education and Training (formally SureStart BHT) Service Level Agreement 1st June 2015 3 year renewable following review.</p> |
| <p>Family Nurse Partnership. Home visiting by specially-trained nurses to support young first time parents and their children with health, wellbeing and self-sufficiency.</p> | <p>Parent/child interaction Neglect School readiness</p> | <p>Targeted Vulnerable women up to the age of 24.</p> | <p>BDCFT & FNP National Unit Service Level Agreement June 2016 for 18 months then review.</p> |

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| <p>Better Start Imagine. Providing free books and activities to help develop language and literacy skills.</p> | <p>Children's language and communication School readiness</p> | <p>Universal Each child receives a book each month from birth until 4th birthday.</p> | <p>BHT Early Education and Training (formally SureStart BHT) Service Level Agreement Jan 1st 2016 for Book Gifting, Oct 1st for project activities.</p> |
| <p>Family Links Antenatal – now Welcome to the World An antenatal course for pregnant mums, dads and carers</p> | <p>Maternal mental health Breastfeeding Attachment</p> | <p>Universal All parents-to-be from week 22.</p> | <p>BSB providing training and monitoring. Commissioned by LA.</p> |
| <p>HENRY Health Exercise Nutrition for the Really Young: A course or one-to-one sessions supporting families with young children to develop healthy lifestyles.</p> | <p>Obesity Oral health</p> | <p>Universal All parents with a baby or toddler under 4.</p> | <p>Service Level Agreement with HENRY Jan 2016 for 3 years renewable following review.</p> |
| <p>Home-Start Volunteer home visiting service for families with young children.</p> | <p>Parental feelings of ability to cope with stressors. Access to services Children's social and emotional development</p> | <p>Universal All expectant families or with a child under 4.</p> | <p>Service Level Agreement with Home-Start Bradford. April 2016 3 years renewable following review</p> |
| <p>ESOL + for pregnancy Language courses for pregnant women with English needs, to help them engage with their midwife and be more in control of their pregnancy and labour</p> | <p>Maternal mental health Access to services Mother's language and communication</p> | <p>Targeted Pregnant women who might otherwise need an interpreter for antenatal appointments or delivery of their baby.</p> | <p>Licensed and unique programme developed by Shipley College. Thus SLA with Shipley College Sept 2016 3 years renewable following review</p> |

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| <p>Perinatal mental health service A new service which will support and nurture parent-infant relationships through training and consultation for the workforce as well as providing a clinical service to families as and when they require it.</p> | <p>Maternal sensitivity. Parent/child interactions. Children's social and emotional development.</p> | <p>Universal workforce Targeted intervention for families</p> | <p>To be provided by Bradford District Care Foundation Trust.</p> |
| <p>Baby Steps A perinatal parent education programme for vulnerable parents.</p> | <p>Maternal mental health Parent/child interactions. Neglect.</p> | <p>Targeted Those at higher risk of poor emotional wellbeing during the transition to parenthood.</p> | <p>To be commissioned</p> |
| <p>Breastfeeding Support A home and community based support service.</p> | <p>Breastfeeding Obesity Maternal sensitivity</p> | <p>Universal</p> | <p>To be commissioned</p> |
| <p>Cook and Eat programme Community based</p> | <p>Obesity</p> | <p>Universal</p> | <p>To be commissioned</p> |
| <p>Doula Project Physical & emotional support for women in later pregnancy, during & after birth given by volunteers.</p> | <p>Maternal mental health Parent/child interaction</p> | <p>Targeted Women with a mental health need.</p> | <p>To be provided by Bradford Doulas</p> |
| <p>Better Place - environment A programme of developing local and safe places to play, walking routes and local green spaces and community gardens</p> | <p>Parent/child relationship Social and emotional development</p> | <p>Universal</p> | <p>In the process of being commissioned</p> |
| <p>Better Place – Forest Schools A programme of outdoor play and learning.</p> | <p>Parent / child relationship Social and emotional development</p> | <p>Universal</p> | <p>To be commissioned</p> |

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| <p>Family Links Nurturing A parenting project focussed on building nurturing relationships.</p> | <p>Parent/child interaction Child's language and communication development Child's social and emotional development. School readiness</p> | <p>Targeted. Families in need of additional support.</p> | <p>Provided by Children's Centres and partners</p> |
| <p>Incredible Years A parenting project for parents with children between the ages of one and 3 could be at risk of emotional or behavioural issues.</p> | <p>Parent/child interaction Child's language and communication development Child's social and emotional development. School readiness.</p> | <p>Universal</p> | <p>To be commissioned</p> |
| <p>HAPPY A perinatal parenting programme aimed at reducing the number of overweight or obese children.</p> | <p>Obesity</p> | <p>Targeted Pregnant women with a BMI greater than 25</p> | <p>To be commissioned</p> |
| <p>Pre-schoolers in the Playground Playgrounds are made available to parents and pre-school children at times when parents are likely to already visit the venue.</p> | <p>Physical activity Obesity</p> | <p>Universal</p> | <p>Negotiated with schools</p> |
| <p>ICAN Training for the workforce in early language development.</p> | <p>Language and communication development. School readiness.</p> | <p>Universal</p> | <p>To be provided by ICAN</p> |